



Time Management Workshop

**Add 10 More Productive Hours to Your Week...
Guaranteed.**

Is juggling work and family time a challenge?
Tired of multi-tasking?
Wish there were more hours in the day?

We have the answer.

Freedom Personal Development's Time Management Workshop will add 10 more productive hours to your week...guaranteed.

We'll help you:

- Achieve more in less time (while de-stressing your life)
- Develop a laser-like focus on your goals
- Find quality and quantity time for personal relationships
- Re-discover passions in your life...and the time to pursue them

This isn't your ordinary Time Management workshop.

We don't just want you to gain more hours to be productive at work. Sure, that helps and you'll make more money. What we want is for you to free up more time for your family...your passions...the things that really matter.

This workshop is literally a time management blueprint for life.

The Results? You will very likely have your most productive year ever!

If you want to have more time for yourself, your loved ones, and your own passions, don't miss this workshop!

Client Buzz

"This seminar provided actual tools that I can implement right away, not just theories."

- Chyrel Madden, Real Estate Agent,
Randall Morris Real Estate

"I always read testimonials with some apprehension of validity. But the testimonials for this seminar are right on! These are truly life changing techniques."

- Edward Bledowski, Principal, DLR
Group Architects

"I really enjoyed this course and was happy to find that it was not just about time, but rather the other components that effect our use of time. It was also refreshing to learn skills that are very simple and easy to implement RIGHT NOW without feeling overwhelmed."

- John Mikesh, Lake Realty

"This was a great kick in the bottom to focus on goals and prioritizing. I realized that I DO have time to do important things and identified where I was wasting time. I'm excited to get an accountability partner and get to work on short and long term goals."

- Dayna Teutsch, Account Executive,
First Horizon Home Loans

"Thank you for taking the time to teach these principles. The ability to (1) set goals effectively and (2) manage the individual activities necessary to achieve those goals is an unbelievable skill to have and is severely lacking with most people - including myself. Very practical strategies for anyone to implement both professionally and personally."

- Roger Shoup, Fundraising Consultant,
Great American Opportunities



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www.deliverfreedom.com info@deliverfreedom.com

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Time Management Workshop Overview

Learn 20+ Strategies to Add 10 More Productive Hours to Your Week

- A 7 step formula for creating an effective schedule (and the one thing you need to do to stay on track)
- How to effectively deal with interruptions during the day
- 10 tips to increase efficiency and power-up productivity (just two or three of these ideas is worth the price of enrollment)
- The 2 most important time management questions you need to answer
- How to compress a deadline to free up more time
- What myths of time management are holding you back
- How to maximize your return whenever you invest time
- The absolute best thing you can do to achieve more (most people will never do this, but you can start while you're at the workshop)
- How to analyze the quality of where you are investing time (and how much time you are burning)
- Why "life balance" is not what you should be striving for
- What 4 components you must have to make this your best year ever
- What your short and long-term goals are and where to find the time to accomplish them
- The one thing you need to do to stick to your schedule
- The difference between activity and accomplishment
- An easy way to identify your priorities, and make time for all of them
- The best time and place to create a schedule
- When and where you can schedule time for fun and eliminate guilt
- The amazing revelations a time journal can reveal
- The right way and the wrong way to use technology
- A time management "buzz word" that should be wiped out of the English language
- The best books and resources to provide ongoing support and learning

Your Instructor - Roger Seip

Roger walks the talk when it comes to time management. He successfully juggles a professional speaking career, managing a national multimillion dollar sales force while being a husband and father of two AND still takes 37 vacation days a year.

If you have been lucky enough to attend one of Roger's workshops, you know his infectious energy and humorous style (drawn from 8 years as a stand-up comic!) will leave a lasting impression on you, and more importantly, lasting improvements in your personal and professional life.

Client Buzz

"This training has been outstanding! I was much more engaged in this class than I ever have been in any other personal development class. The delivery is passionate and very easy to listen to. As a teacher there are several opportunities for me to engage in personal growth outside of the classroom, but this by far has been the most fun to learn and your time management skills are great!"

- Christy Luckey, Elementary School Teacher and REALTOR

"Came in expecting to get something on time management - got more than I expected."

- Bruce Degarmo, JP Cullen

"Thank you for your enthusiastic approach to teaching. Everything that we went over will be beneficial to my career and person life, especially the goal setting and time management."

- Rebecca Robinson, Wells Fargo Home Mortgage

"Enjoyed learning new ideas on how to better improve in my business and personal life. Enjoyed meeting like minded people who are hungry for success!"

- Jose Segarra, Broker/Owner, Exit Realty Homevets Realty

"I am so glad that I made this investment! I was in serious need of these time management tools. I look forward to a better and more productive version of myself."

- Heather Haynes, Broker, Century 21 Clark Real Estate



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Time Management Workshop Enrollment

2-For-1 Special

When you register for this workshop at \$499, you can bring a guest for FREE!
Life-changing experience guaranteed for both of you.

5 Easy Ways to Register

- Web: <http://www.deliverfreedom.com/time-management>
- Phone: 888-233-0407
- Email: info@deliverfreedom.com
- Fax: 608-268-2607
- Mail: Return this registration form to:
Freedom Personal Development
2424 American Lane
Madison, WI 53704

Pick Your Date and Location

_____ Milwaukee, WI
 Wednesday May 27 ~ 1 – 5 pm
 Clarion Hotel Airport
 5311 S. Howell Ave.
 Milwaukee, WI 53207
 414-481-2400

_____ Madison, WI
 Monday, June 1 ~ 1 – 5 pm
 Holiday Inn Madison - American Center
 5109 W Terrace Dr.
 Madison, WI 53718
 608-249-4220

Name: _____ Company: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Business Phone: _____ Email Address: _____
 Guest's Name: _____ Guest's Email: _____
 Payment Information (Visa, MC, Discover, Amer. Express)
 CC#: _____
 Exp. Date: ____ / ____ CID Code: _____ Total Charge: \$499
 Signature: _____ Date: _____
 Reservations are fully transferable and are refundable within 7 days to today's date

Your Satisfaction is 100% Guaranteed

At the end of the workshop, if for any reason you don't feel the techniques learned will add an addition 10 hours to your week, see your instructor and we'll write you a check for \$499 on the spot. You have nothing to lose.

Client Buzz

"I am delighted that I followed through and attended this course. I am convinced that I now have some 'light on my path' so that the next critical steps to effectiveness are clear. Thank you for really actionable strategies!"

- Jacob Nordby, Northcity Mortgage

"I really enjoyed this workshop! I got a grasp of where I can gain time in my day. Most of all, I realized where I fail to schedule recreation time and failed to realize the important of scheduling ALL my important goals."

- Penne Stimpson, Administration Manager, Assist 2 Sell

"Excellent class! Very inspiring and easy to follow. This class kept my FULL attention and I am so excited about the changes in my time management."

- Katie Keller, Thorton Oliver Keller

"This seminar got me motivated and excited to get to work and get organized."

- Tyler Porter, President, Columbia Mortgage, Inc.

"I'm impressed with how you personalize the workshops to both the individuals and industries of the attendees. I appreciate how you go above and beyond to provide creative examples, books of reference, free resources to download and email us. Roger's humor and enthusiasm makes you want to do better and improve your life, professionally and personally."

- JoAnn Affolter, Account Representative, Magna Publications



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